Our chicken stacks up to our pancakes.
Mexican Churro
Four buttermilk pancakes layered with a fiesta of warm cinnamon spread, crunchy mini-churros & sweet cream cheese icing. Crowned with whipped topping.

Italian Cannoli
Three buttermilk pancakes rolled & filled with sweet Ricotta cream, topped with chocolate chips, crunchy cannoli pieces & creamy whipped topping.

Mexican Tres Leches
Four buttermilk pancakes layered with vanilla sauce and dulce de leche caramel sauce & crowned with whipped topping.

Original Buttermilk
Five of our world famous buttermilk pancakes topped with whipped real butter.

Cupcake Pancakes
Four buttermilk pancakes filled with festive rainbow sprinkles. Topped with cupcake icing & more sprinkles.

Make it Gluten-Friendly!

New York Cheesecake
Four buttermilk pancakes filled with cheesecake bites & topped with glazed strawberries.

Chocolate Chip
Four chocolate pancakes filled with chocolate chips, topped with a drizzle of chocolate syrup & more chocolate chips. Available in buttermilk.

Make it Gluten-Friendly!

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Pancakes

**Gluten-Friendly Pancakes**
Four fluffy gluten-friendly pancakes topped with whipped real butter.

**Rooty Tooty Fresh ’N Fruity**
Four buttermilk pancakes. Topped with choice of peach topping or glazed strawberries.

**Strawberry Banana**
Four buttermilk pancakes filled with fresh banana slices. Topped with glazed strawberries & more banana slices.

**Double Blueberry**
Four buttermilk pancakes filled with blueberries & topped with blueberry compote.

**Cinn-a-Stack**
Four buttermilk pancakes layered with cinnamon roll filling & topped with cream cheese icing.

**Rooty Tooty Fresh ’N Fruity**: Topped with choice of peach topping or glazed strawberries.

**Create Your Pancake Combo**
Choice of any 2 same-flavoured pancakes.

- **Make it Gluten-Friendly!**
- **Pick your pancakes**
  + 2 Eggs your way
  + 2 Bacon or sausage
  + Hash browns

**Hash Browns**
Red Potato Pepper & Onion Hash
Seasoned red potatoes with grilled onions & green peppers.

**Fresh Fruit**
Small bowl.
Large bowl.

**Slice of Ham**

**Pork Sausage Links**

**Bacon Strips**

**Turkey Sausage Pattie**

**Turkey Bacon Strips**

**Canadian-Style Peameal Bacon**

**Texas Toast**

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**IHOP® Signature**

**Spicy**

**Simple & Fit Under 600 Calories**

**Gluten-Friendly or made Gluten-Friendly upon request**
Griddle Faves

French Toast

Our Original French Toast
Six triangles topped with whipped real butter & dusted with powdered sugar.

Stuffed French Toast
Two cinnamon-raisin triangles with sweet cream filling. Topped with choice of strawberry, vanilla, peach vanilla, cinnamon, blueberry topping or glazed strawberries.

Strawberry Banana French Toast
Our original French toast topped with glazed strawberries & fresh banana slices.

Waffles

New!

Chicken & Waffles
Four buttermilk chicken breast strips & our Belgian waffle. Served with choice of plum or ranch.

Belgian Waffle
Our traditional golden-brown Belgian waffle topped with whipped real butter. Add a scoop of ice cream.

New!

Gluten-Friendly Belgian Waffle
A golden-brown, gluten-friendly Belgian waffle topped with whipped real butter.

Crepes

Chicken Florentine Crepes
Two crepes filled with grilled chicken breast, mushrooms, onions & Swiss on a bed of spinach. Topped with White Cheddar sauce & fresh tomatoes.

Classic Breakfast Crepes
Two crepes stuffed with scrambled eggs, bacon, ham & White Cheddar. Topped with a creamy White Cheddar sauce.

Banana Crepes with Nutella®
Four delicate crepes topped with Nutella® The Original Hazelnut Spread® & freshly sliced bananas.

Strawberries & Cream Crepes
Four delicate crepes topped with glazed strawberries & vanilla cream drizzle.

Swedish Crepes
Four delicate crepes topped with lingonberries & cranberry butter.

Create Your Griddle Combo

French Toast Combo
Choose your flavour + 2 eggs* your way + 2 bacon or 2 sausage + hash browns

Original 4 triangles
Stuffed French Toast 1 triangle
Strawberry Banana 4 triangles

Crepe Combo
Choose your flavour + 2 eggs* your way + 2 bacon or 2 sausage + hash browns

Banana with NUTELLA®
Strawberries & Cream
Swedish

Belgian Waffle Combo
Waffle + 2 eggs* your way + 2 bacon or 2 sausage

Make it Gluten-Friendly!
IHOP Creations

**New!**

**Chicken & Pancakes**
Four buttermilk crispy chicken breast strips & 3 fluffy buttermilk pancakes. Served with choice of buttermilk ranch, honey mustard or IHOP® Sauce.

**Chicken & Bacon Cheddar Waffles**
Cheddar-infused Belgian waffle & 2 buttermilk crispy chicken breasts topped with crispy bacon & Cheddar all drizzled with maple glaze.

**The Wrap of Monte Cristo**
A French-toasted wrap, griddled to perfection and filled with ham, roasted turkey breast, Swiss, White Cheddar & a side of lingonberries.

**Southwest Scramble**
Scrambled eggs with Jack & Cheddar topped with our salsa & avocado. Served with red potato pepper & onion hash or hash browns & side choice of a tortilla, toast or 2 buttermilk pancakes.

**IHOP® Signature Pancake Sliders**
Two silver dollar sliders made with original buttermilk pancakes & filled with a scrambled egg omelette (made with a splash of buttermilk & wheat pancake batter), turkey sausage, bacon & Processed cheese, all topped with sweet maple glaze.

**Eggs Benedict**
Canadian-style bacon on an English muffin, topped with 2 poached eggs & rich hollandaise. Served with hash browns.

**Create Your Own Melt**
Grilled artisan sourdough filled with scrambled eggs, Swiss & Processed cheese
With your choice of one of the following:
- Sliced Ham
- Bacon Strips
- Fire-roasted Peppers & Onions
Substitute Canadian Peameal Bacon

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Combos

**Breakfast Sampler**
Two eggs your way, 2 bacon strips, 2 pork sausage links, 2 thick-cut pieces of ham, hash browns & 2 buttermilk pancakes.

**T-Bone Steak & Eggs**
T-Bone steak grilled & served with 3 eggs your way & 3 buttermilk pancakes.

**Country Fried Steak & Eggs**
A golden-battered beef steak smothered in country gravy. Served with 2 eggs your way, hash browns & 2 buttermilk pancakes.

**Big 3-Egg Breakfast**
Three eggs your way, 4 bacon strips & 3 buttermilk pancakes.

**Simple & Fit 2-Egg Breakfast**
Scrambled egg whites served with 2 slices of turkey bacon, fresh fruit & whole wheat toast.

**Simple & Fit Substitutions**
- Egg Whites
- Turkey Bacon
- Turkey Patties
- Canadian Peameal Bacon

**Eggs 101**
Get your eggs exactly how you like them.

- **Scrambled**
  Whites and yolks mixed together.

- **Over Easy**
  Soft whites with a runny yolk.

- **Over Medium**
  Firm whites with a semi-firm yolk.

- **Over Hard**
  Firm whites with a firm, broken yolk.
Omelettes
Made with a splash of buttermilk & wheat pancake batter!
Served with choice of 3 Buttermilk Pancakes, 3 Hash Browns or Buttered Toast. Add 3 Flavoured Pancakes (from pancakes page), 3 Gluten-Friendly Pancakes or Fresh Fruit Excludes Simple & Fit selection, which is served as described. *Italian Cannoli served with 2.
Add avocado to any omelette!

Spicy Poblano Omelette
Fire-roasted Poblano peppers & onions, shredded beef, Jack & Cheddar blend, fresh avocado, Poblano cream & spicy chopped Serrano peppers.

Big Steak Omelette
Steak, hash browns, green peppers, onions, mushrooms, tomatoes & Cheddar. Served with our salsa.

Chicken Fajita Omelette
Grilled chicken breast with Poblano & red bell peppers, roasted onions, Jack & Cheddar & our salsa topped with sour cream. Served with a fresh grilled Serrano pepper.

Make it Gluten-Friendly!

Colorado Omelette
Bacon, shredded beef, pork sausage & ham with green peppers, onions & Cheddar. Served with our salsa.

Bacon Temptation Omelette
Chopped bacon strips with Jack & Cheddar & a White Cheddar sauce. Topped with tomatoes & more bacon.

Make it Gluten-Friendly!

Country Omelette
Ham, hash browns, onions & Cheddar. Topped with sour cream.

Make it Gluten-Friendly!

Spinach & Mushroom Omelette
Fresh spinach, mushrooms, onions & Swiss. Topped with hollandaise & tomatoes.

Make it Gluten-Friendly!

Egg White Veggie Omelette
Egg white omelette filled with fresh spinach, onions & Pepper Jack topped with fresh avocado & tomatoes. Served with fresh fruit.

Garden Omelette
A fresh mix of broccoli, mushrooms, tomatoes & Cheddar.

Make it Gluten-Friendly!

Build Your Omelette
Create Your Omelette
Served with choice of side. See sides above.

Choose your cheese:
- Processed Cheese
- Swiss
- White Cheddar
- Pepper Jack
- Jack & Cheddar blend

Choose your add-ins:
- Bacon
- Fresh Spinach
- Pork Sausage
- Fresh Green Peppers & Onions
- Ham
- Serrano Peppers
- Extra Cheese
- Poblano Peppers
- Fresh Mushrooms
- Fresh Avocado
- Fresh Tomatoes

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Sandwiches

New! Original Chicken Sandwich
Freshly grilled or buttermilk crispy chicken breast, white Cheddar, custom-cured crispy bacon, lettuce, tomato, red onion, pickles & our signature IHOP® Sauce on a Brioche bun.

Gluten-Friendly available with grilled chicken only.

Chicken Clubhouse Super Stacker
Grilled chicken breast strips, green peppers, onions, White Cheddar, bacon, lettuce, tomato & mayonnaise on a grilled roll.

Gluten-Friendly available with grilled chicken only.

Philly Cheese Steak Stacker
Grilled sirloin steak & onions topped with melted Processed cheese on a grilled roll.

New! Spicy Buffalo Chicken Sandwich
New crispy chicken breast tossed in Frank's RedHot® Buffalo sauce, lettuce, tomato, red onion, pickles & buttermilk ranch on a Brioche bun.

Salads

Chicken Cobb Salad
Grilled or crispy chicken, bacon, hard-boiled egg, fresh tomatoes & crumbled Blue cheese on a bed of mixed greens & crisp Romaine tossed in ranch.

Add avocado.

Gluten-Friendly with grilled chicken only.

House Salad
Fresh sliced tomatoes & red onions on mixed greens & crisp romaine tossed in choice of dressing.

Chicken Caesar Salad
Grilled or crispy chicken, croutons & Parmesan on a bed of crisp romaine tossed in Caesar dressing.

Caesar Salad
Croutons & Parmesan on a bed of crisp romaine tossed in Caesar dressing.

Chicken & Spinach Salad
Grilled or crispy chicken, bacon, hard-boiled egg, tomatoes & Cheddar on a bed of spinach tossed in honey balsamic vinaigrette.

Grilled Chicken & Veggie Salad
Grilled chicken breast, fresh sliced tomato, red onions, avocado, mushrooms & a grilled lemon on mixed greens & crisp romaine tossed in balsamic vinaigrette.

Soup of the Day
Grilled Chicken & Veggie Salad

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Ultimate Steakburgers

100% Canadian Angus Beef

Served with choice of French Fries, Onion Rings or Hash Browns
Fresh Fruit, 2 Buttermilk Pancakes, 2 Gluten-Friendly Pancakes, Side Soup or Side Salad.

Add Avocado to any burger!

Cowboy BBQ
This may be how the West was won. Two crispy onion rings, our custom-cured bacon strips, Processed cheese, lettuce, tomato & tangy BBQ sauce.

Mega Monster Cheeseburger
No need to fear this Monster. Two premium steakburger patties, Processed and White Cheddar cheeses, lettuce, tomato, red onion, pickles & our signature IHOP® sauce.

Jalapeño Kick
This one will kick you back. Spicy blend of sautéed jalapeños, Serranos and onion, our custom-cured bacon strips, Pepper Jack, lettuce, tomato & jalapeño mayo.

Cali Garlic Butter
Take a bite out of garlic buttery goodness. Topped with savoury house-made garlic butter, custom-cured bacon strips, White Cheddar cheese, lettuce, tomato, onion and mayo.

Veggie Burger
Made with a delicious combination of peas, carrots, corn, green beans & red peppers.

Crispy Chicken Strips & Fries
Five buttermilk chicken breast strips & French fries. Served with choice of plum or ranch.

Appetizer Sampler
Monster Mozza Sticks, Onion Rings & Buttermilk Chicken Breast Strips served with marinara & choice of plum or ranch.

Mozza Sticks
Five Mozzarella cheese sticks served with marinara.

Chicken & Three-Cheese Quesadilla
Grilled chicken breast, fire-roasted Poblano peppers & onions, Pepper Jack, Monterey & Cheddar in a flour tortilla. Served with salsa, sour cream & a fresh grilled Serrano pepper.

The Classic
Truly a classic burger. Processed cheese, lettuce, tomato, red onion, pickles & our signature IHOP® sauce.

The Classic with Bacon
Only bacon can improve upon a Classic. Our custom-cured bacon strips, Processed cheese, lettuce, tomato, red onion, pickles & our signature IHOP® sauce.

Loaded Philly
A two-hand, five-napkin kind of burger. Piled high with sautéed onions and peppers and smothered with melted White Cheddar and a dousing of Cheddar cheese sauce.

Big Brunch
We know how to put breakfast on a burger. Bacon strips, fried egg, crispy browned potato, Processed cheese and signature IHOP® sauce.

The Classic with Bacon
Only bacon can improve upon a Classic. Our custom-cured bacon strips, Processed cheese, lettuce, tomato, red onion, pickles & our signature IHOP® sauce.

Make it Gluten-Friendly!

Double it up with an extra patty & cheese.

Make it Gluten-Friendly!

Make it Gluten-Friendly!

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Make it Gluten-Friendly!

All steakburgers are perfectly cooked to a minimum of 160°F.
Frank’s RedHot is a registered trademark of McCormick & Co. and used under license by IHOP.
**Buttermilk Crispy Chicken**
Two buttermilk crispy chicken breast fillets served with your choice of 2 sides. Available with country gravy.

**Roasted Turkey & Stuffing**
Roasted turkey breast topped with turkey gravy, cornbread stuffing, cranberries & your choice of 2 sides.

**Fisherman’s Platter**
Three golden, hand-battered white fish filets & crispy breaded shrimp served with French fries & dipping sauces.

**Sirloin Steak Tips & Crispy Shrimp**
A generous portion of tender sirloin steak tips sautéed with grilled onions & mushrooms & crispy breaded shrimp, with dipping sauce. Served with your choice of 2 sides.

**T-Bone Dinner**
Cooked-to-order & served with red potatoes & broccoli.

**Tilapia Florentine**
Two seasoned filets grilled & served over a bed of creamy spinach. Served with your choice of 2 sides.

**Crispy Fish & Chips**
Three golden, hand-battered white fish filets served with French fries & tartar sauce.

**Sirloin Steak Tips**
A hearty portion of tender sirloin steak tips sautéed with grilled onions & mushrooms. Served with your choice of 2 sides.

**T-Bone Dinner**
Cooked-to-order & served with red potatoes & broccoli.

**Sides**
- Real Buttered Corn
- Steamed Fresh Broccoli
- Stuffing
- Hash Browns
- Sautéed Spinach
- Red Skin Mashed Potatoes
- French Fries
- Onion Rings
- Red Potato Pepper & Onion Hash

**Desserts**

**Ice Cream Sundae**
Three scoops of vanilla ice cream with choice of chocolate sauce or glazed strawberries.

**Jr. Ice Cream Sundae**
12 & under. One scoop of vanilla ice cream with choice of chocolate sauce or glazed strawberries.

**Fruit Crepe**
One crepe filled with choice of blueberry compote or glazed strawberries. Topped with vanilla ice cream & more fruit topping.

**Jr. Milkshakes**
12 & under. Vanilla, Chocolate Strawberry (made with real fruit)
**55+ Breakfast Sampler**
One egg, 1 bacon strip, 1 pork sausage link, 1 piece of ham, hash browns & 1 buttermilk pancake.

**55+ Rise ‘N Shine**
Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast.

**55+ Cheese Omelette**
Made with Cheddar & a splash of buttermilk & wheat pancake batter. Served with 2 buttermilk pancakes.

**55+ French Toast**
Four triangles served with 2 bacon strips or 2 pork sausage links.

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**SIMPLE & FIT SUBSTITUTIONS**

- Egg Whites
- Turkey Bacon
- Turkey Patties
- Canadian Peameal Bacon

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**55+ Breakfast Sampler**

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**Kids’ Menu**

**12 & Under**

**Funny Face® Pancake Combo**
Served with 1 scrambled egg, 1 bacon strip & 1 pork sausage link.

**Jr. Churro Pancake Combo**
Served with 1 scrambled egg, 1 bacon strip & 1 pork sausage link.

**Silver 5**
Five silver dollar buttermilk pancakes, 1 scrambled egg & 1 bacon strip.

**Special Values for Guests Ages 55+**

**New!**
**Funny Face® Pancake Combo**
Served with 1 scrambled egg, 1 bacon strip & 1 pork sausage link.

**Jr. French Toast Combo**
Served with 1 scrambled egg, 1 bacon strip & 1 pork sausage link.

**Jr. Churro Pancake Combo**
Served with 1 scrambled egg, 1 bacon strip & 1 pork sausage link.

**New!**
**Jr. Chicken Strips**
100% Canadian Angus
Jr. Cheeseburger
Served with Mott’s® Applesauce.

**Jr. Chicken & Waffles**
Two buttermilk crispy chicken breast strips & 2 Belgian waffle quarters.

**New!**
**Jr. Cupcake Pancake Combo**
Served with 1 scrambled egg, 1 bacon strip & 1 pork sausage link.

**Grilled Cheese Sandwich**

**Macaroni & Cheese**

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All beverages are Gluten-Friendly except OREO® Milkshake.

Coffee

IHOP® Colombian Blend
100% Arabica Beans

Never Empty Coffee Pot®
Regular or Decaf (Free refills).

Flavoured Coffee
French Vanilla or Swiss Mocha

Cold-Brew Iced Coffee
Mocha, Vanilla or Original

Hot Chocolate

Hot Chocolate

French Toast
Hot Chocolate - 16 oz.

Specialty Coffee
Cappuccino or Latte.

Espresso

1% Milk

Chocolate Milk

Fruit Juices
Orange Juice, Apple Juice, Cranberry Juice & Grapefruit Juice

Tea & Lemonade
Lemonade, Freshly Brewed Iced Tea & Hot Tea

IHOP Splashers®

Splashberry
A blend of glazed strawberries, lemon-lime soda & premium orange juice.

Tropical Island Twist
A blend of lemonade, lemon-lime soda & tropical mango syrup.

Fountain Drinks

Soft Drinks
Pepsi, Diet Pepsi, Root Beer or 7UP (Free refills).

Bottled Water

House-Made Milkshakes

Vanilla
Chocolate
Strawberry (made with real fruit)
Cold-Brew Coffee

Jr. Milkshakes
12 & under.

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